

Mecklenburg Heart Specialists
2630 East 7th Street
Suite 210
Charlotte, NC 28204
704-334-0600

Nuclear Stress Test Instructions

- *Wear comfortable shoes and clothing for walking on the treadmill and be prepared to be at our office for three to four hours. Please bring a snack that you can eat after the stress portion of the test.
- *Please do not have any food or drink after midnight the night before your test.
- *You may take your morning medications with a small sip of water the day of your test unless you are **diabetic** or take **beta blockers**. If you are diabetic, please do not take oral (by mouth) medicines or insulin the day of your test. Do not take any beta blocker medications the morning of your test. **These include: Lopressor, Metoprolol, Toprol XL, Atenolol, Tenormin, Coreg, Corgard, Nadolol and Bystolic.** Bring these medications with you to your test and you may take them after the stress portion of your test.
- *Do not consume any caffeine products for 24 hours before the test. This includes chocolate, Excedrin, colas, tea and coffee (and decaffeinated tea and coffee).
- *We have a 24-hour cancellation policy for these procedures. If you need to change or cancel your appointment, please notify our office the day before your scheduled test even if that happens to be Sunday. The medication used in these procedures cannot be returned to the manufacturer or used for another patient. If you do not notify our office of the cancellation, you will be billed \$150.00 for the cost of the medication.

You have been scheduled for a Nuclear Stress Test on

In order to perform these tests,
we have to order a calibrated dose of medication based
on your height and weight.
Because it is based on your height and weight it cannot be used for any other patients.

This medicine costs \$150.00.

If you do not come for your test, or if you cancel the day of,
we will bill you for this medicine.

It is not payable by your insurance.

**OUR OFFICE POLICY REGARDING THE
CANCELLATION OF THESE TESTS IS AS FOLLOWS:**

If you need to cancel or reschedule your test,
you must do so by the times listed.

If your test is on a Tuesday, Wednesday, Thursday, or Friday:
You must contact our office no later than 3:00 pm on the day before.

If your test is on a Monday:

You must contact our office no later than 6:00pm on the Sunday before.
(Or the Friday before if you know that far in advance.)

Our office is closed on Sundays, but if you need to cancel your appointment please call
the office and listen to the recording.

This recording will give you a phone number to call in case of an emergency.

Please call that number and the doctor on call will take your cancellation.

To reschedule, you will need to call the office during normal business hours

By signing below, you agree that if you do not contact our office accordingly,
you will be responsible for the cost of this medicine, which is \$150.00.

Patient _____ Date _____

IF YOUR INSURANCE CHANGES PRIOR TO THIS APPOINTMENT,
YOU MUST CONTACT OUR OFFICE SO THAT WE CAN VERIFY IF
AUTHORIZATION IS NEEDED FROM YOUR INSURANCE COMPANY.

IF YOU DO NOT CONTACT US WITH YOUR NEW INSURANCE INFORMATION
PRIOR TO YOUR APPOINTMENT
WE MAY HAVE TO RESCHEDULE YOUR APPOINTMENT.